### Optimizing the Medical Neighborhood: Transforming Care Coordination through the Community Pharmacy Enhanced Services Network



Joe Moose, PharmD 2017 Annual Convention of AR Pharmacist Association June 9, 2017

# We're Going Broke Because of Healthcare

• FEDERAL TAX REVENUE • FEDERAL EXPENDITURES ON HEALTHCARE

2005 2010 2015 2020 2025 2030 2035 2040 2045 2050 2055 2060

### **Here Comes Payment Reform**

### Actually, it is already here!

"Our first goal is for 30% of all Medicare provider payments to be in alternative payment models that are tied to how well providers care for their patients, instead of how much care they provide – and to do it by 2016. Our goal would then be to get to 50% by 2018.

Shared Savings, Bundled Payments, Medical Home/ACO

Our second goal is for virtually all Medicare fee-for-service payments to be tied to quality and value; at least 85% in 2016 and 90% in 2018."

**Readmissions Penalties, Value-Based Purchasing, Incentive Payments** 

Sylvia Mathews Burwell, Former HHS Secretary

### Strategic Considerations for Community-Based Pharmacy Networks

### Healthcare in America

### **Medication/Pharmacy Spend**

10%

# Medical/Non-Pharmacy Spend

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### **Threats to Community Pharmacy**

You Can NOT Sell Drugs Below Cost

Narrow Networks

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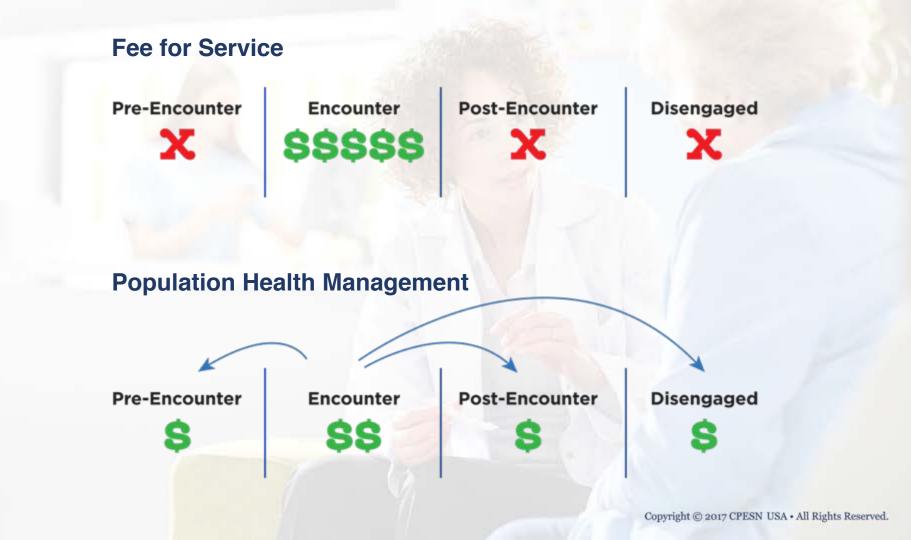
### What is the Essence of Payment Reform?

(Hint: Population Health Management)

### What Does the Medical Neighborhood Look Like?

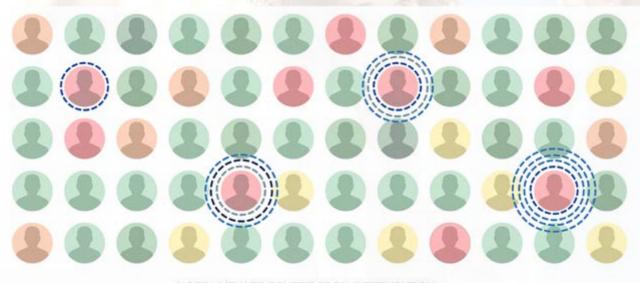


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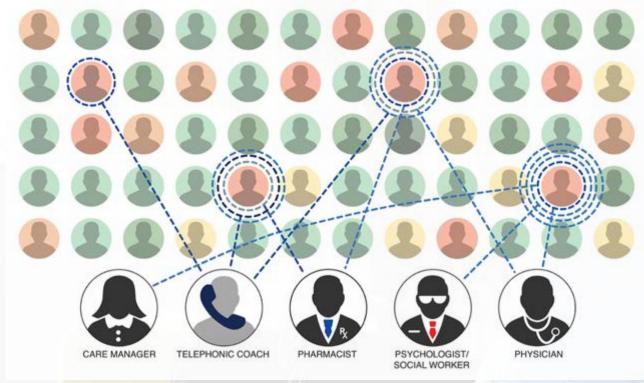
### It's not about who is in my office today, It's about who isn't in my office 오 🗶 🗶 🔔 🗶 🗶 🗶 🗶 🗶 MOST LIKELY TO HAVE A NEGATIVE OUTCOME LEAST LIKELY

### In a World of Limited Resources...



MOST LIKELY TO BENEFIT FROM INTERVENTION

## Who Needs Medication Optimization?



### **One Size Doesn't Fit All Patients**



### Why Community Pharmacy Enhanced Services Networks?

### **Medication Chaos Reigns**

(Problems are Opportunities)



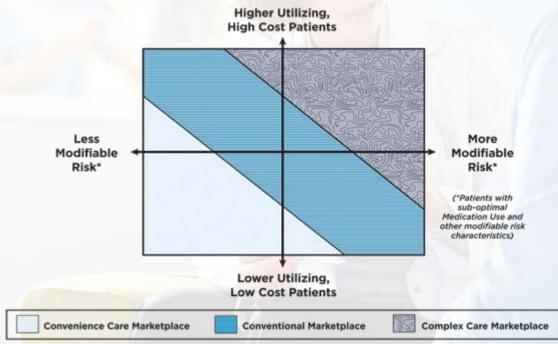
### You are Accessible



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## Importance of Targeting and Channeling Patients to High Performing Pharmacies

A Bifurcating Marketplace for Pharmacy-Site Products and Services Delivery



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### How Can Community Pharmacy Leverage Its Value?

### **CPESN Network Structure**

The Medical Neighborhood IIIN R Community Home Health/Rehab/ Specialty Clinic Team/PCP **Care Teams** Hospitals Providers Skilled Nursing Resources **Participating Pharmacies CPESN** CPESN CPESN Workgroups Workgroups Workgroups Luminaries Local CPESN **CPESN Collaborators & Partners** 

### **Types of Enhanced Services**

Medication Synchronization	Adherence Packaging		
Home Delivery	Home Visits		
Point-of-Care Testing	Collection of Vital Signs		
Nutritional Counseling	Smoking Cessation		
Compounding	Long-Acting Injections		
24-Hour Emergency Services	Multi-Lingual Capabilities		



### **Community Pharmacy Enhanced Services Networks**

### **CPESN NC Sites**

### **Core CPESN Services**

- Ability to integrate with and augment Managed Care coordination and care management infrastructures
- Establish an ongoing professional relationship with the patient
- Provide in depth review of patient education regimens to identify opportunities to optimize therapy
- Work with providers and other health care professionals to resolve any concerns with the patient's medications
- · Contribute to development of a patient-centered care plan
- Provide care coordination and additional motoring between provider office visits for patients, especially those who are non-adherent to medications and/or are medically complex
- Engage in clear, clinically-relevant communication with the provider and care team

Community Care Plan of Eastern Carolin

Community Health Partners

Come

AccessCare Network Sites

AccessCare Network Counties

Community Care of Western North Carolina

Community Care Partners of Greater Mecklenburg

inity Care of Wake and Johnston Counties

Community Care of the Lower Cape Fear

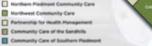
Carolina Collaborative Community Care

Carolina Community Health Partnership

### **Core CPESN Services**

Provide a minimum set of enhanced services including, but not limited to:

- Medication reconciliation
- Clinical Medication Synchronization
- Adherence Packaging
- Immunizations
- · Complete Medication Reviews with **Chronic Care Management**



### **CPESN Model**

PATIENT

Sonically 14

10%





who utilize the pharmacy for the majority of prescription fills (attribution criteria) 10%
HIGH RISK
CHRONICALLY
ILL PATIENTS
most in need of intensive

services with follow up



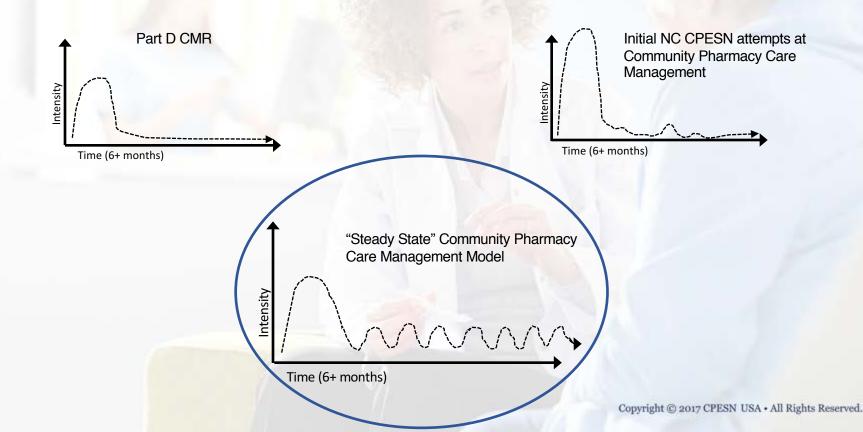
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### **Community Pharmacy Care Management**

 Community Pharmacy Care Management – Services provided locally by a community pharmacy in close coordination with other care team members, including other care managers that focus on optimal drug use.

 The objective of Community Pharmacy Care Management is to procure, update and re-enforce a team-based, patient-centered pharmacy care plan over time. This service line is longitudinal and coordinated with the rest of the care team.

# Transformational Change in Frequency & Nature of <u>Clinical</u> Patient Interactions



### What do Payers Want?

### NC CPESN/CMMI Performance Measurement

(Shared Accountability for Global Outcomes)

Performance Measures	Possible Points
Risk-adjusted total cost of care	3
Risk-adjusted inpatient hospitalizations	2
Risk-adjusted emergency department visits	2
Adherence to antihypertensive medications*	1
Adherence to statin medications*	1
Adherence to diabetes medications*	1
Patients adherent to multiple chronic medications	1
TOTAL POINTS	11
*Medicare STAR measures	

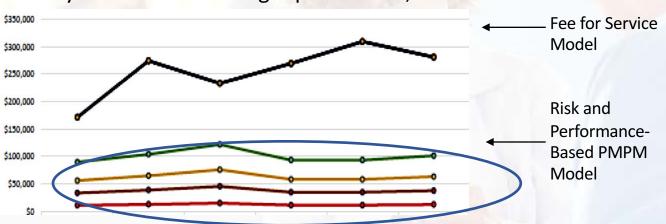
### **Alternative Payment Model**

	Pharmacy's Most Recent Performance Score				
Patient	Above Average (8-11	Average	Below Average	Review for Network Inclusion	
<b>Risk Score</b>	,	(6-7 Points)	(4-5 Points)	(0-3 Points)	
≥ 85	\$\$\$\$ PMPM	\$\$\$\$ PMPM	\$\$\$ PMPM	\$\$ PMPM	
75-84	\$\$\$\$ PMPM	\$\$\$ PMPM	\$\$ PMPM	\$\$ PMPM	
60-74	\$\$\$ PMPM	\$\$ PMPM	\$\$ PMPM	\$ PMPM	
50-59	\$\$ PMPM	\$ PMPM	\$ PMPM	\$ PMPM	
< 50	\$ PMPM	\$ PMPM	\$ PMPM	\$ PMPM	

PMPM payments based on patient risk AND pharmacy performance (payment rate based off of current Medicare Chronic Care Management codes)

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### **Benefits of Alternative Payment Model**

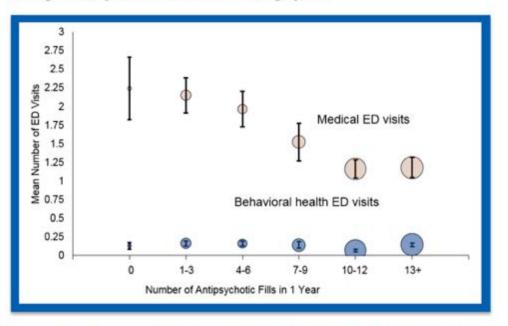


• Payment model is budget predictable; able to throttle costs

- Value-based payment allows for measure alignment with other care team members
- eCare Plans with a purpose
  - Clinical documentation
  - Care coordination
- Confidential Do nor reproduce or raise without assurance

### Patients with Schizophrenia Who are Poorly Adherent are More Likely to be Super-Utilizers of the ED

Figure 1. Average Annual Rates of Emergency Department Visits for CCNC Patients with Schizophrenia, by Medication Adherence Category, 2015



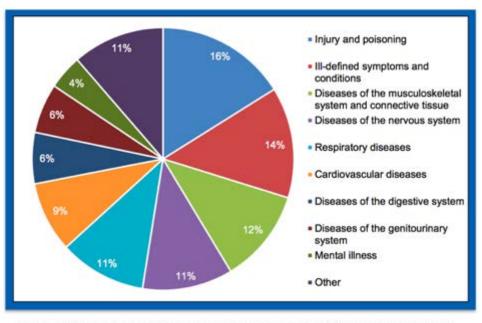
\*Note: Error bars represent confidence intervals. The size of bubbles corresponds to sample size in each adherence category.

Emergency Department Use Among Medicaid Patients with Schizophrenia: The Impact of Medication Adherence Authors: Morgan Hardy, MPH; Carlos Jackson, PhD; and Jennie Byrne, MD, PhD; CCNC Data Brief, Sept. 14, 2016 Vol. #8

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### Patients with Schizophrenia Who are Poorly Adherent Need the rest of this new headline!

Figure 3. Leading Causes of Emergency Department Visits Among CCNC Patients with Schizophrenia During 2015

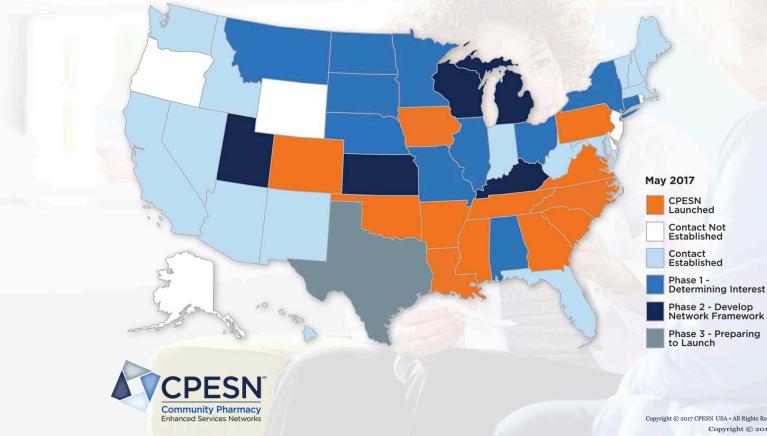


The primary diagnosis for each ED visit was categorized according to the clinical classification developed Agency for Healthcare Research and Quality

Emergency Department Use Among Medicaid Patients with Schizophrenia: The Impact of Medication Adherence Authors: Morgan Hardy, MPH; Carlos Jackson, PhD; and Jennie Byrne, MD, PhD; CCNC Data Brief, Sept. 14, 2016 Vol. #8

### Where is the CPESN Movement Today?

### Join the Movement



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### **Arkansas CPESN<sup>SM</sup> Participating Pharmacies**





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### What makes CPESN Networks Different?

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- Community-based pharmacies that focus on high risk patients in a chronic care model
- Patient targeting
- Panel management
  - <u>Patients</u> instead of prescriptions
- Accountability on global outcomes and quality
  - Shared metrics with the rest of the care team

- <u>Local</u> care team integration and care coordination
- Change packages and network support to enable practice transformation
  - Workflow changes related to panel management, care team integration, and weaving together clinical components with enhanced services
- Approach to HIT
  - Pharmacist eCare Plans

# (In Economic Terms to the Medical Benefit)

Average Complex Patients Touched

Average Total Cost of Care for those Patients ~\$25,000

Average "Impactability"

~\$1,100/month

~10,000

Aggregate Year 1 Savings Opportunity \$66M (for patients with CIPAs/CMRs if deploying CPCM with Medical Home Care Manager)

# (In Economic Terms to the Pharmacy)

Average Rx's per Referred Patient

Average Profit per Rx

Average Profit per Patient

Average Patient Referrals

Total Annual Net Profit

10 Rx's per month

~\$10

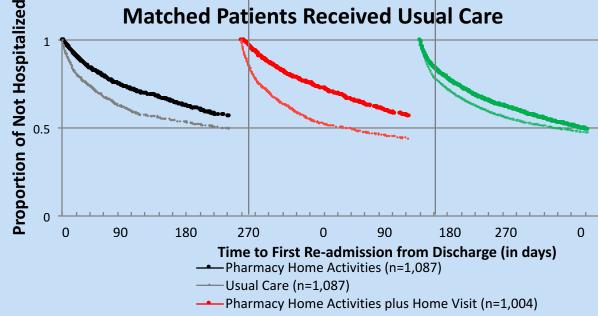
~\$1200/year

~ 200 patients/year

\$240K

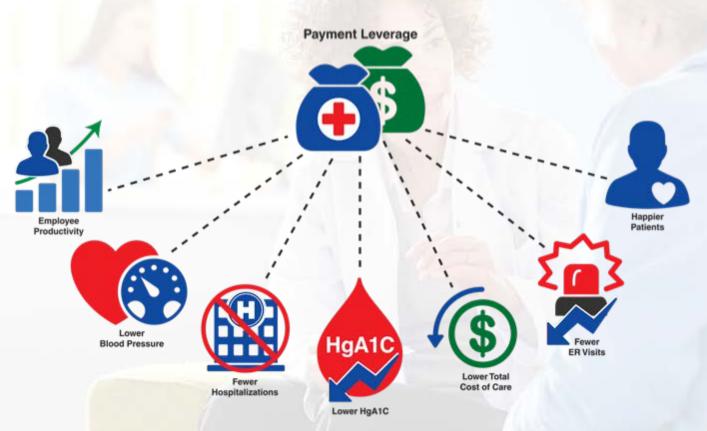
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Comparison of Time to First Re-admission Between Transitional Care Patients Receiving Pharmacy Home Activities and Propensity Score Matched Patients Received Usual Care



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### Your New Leverage Base



### Benefits of Providing Medication Use Support Integrated with Primary Care



A 2010 performance analysis of Community Care of North Carolina primary care practices with integrated community-based pharmacy supports

### Better get in the game... or you will be left out of the game

## **Thank You**

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